

Table 1-8 Average Bedtime

September, 2001

Unit : %

	Total	Night		Morning			Other
		20:00-22:00	22:00-24:00	00:00-02:00	02:00-04:00	04:00-06:00	
Total	100.00	16.76	65.09	14.84	1.40	0.45	1.45
Male	100.00	14.92	64.61	16.27	1.70	0.60	1.91
Female	100.00	18.63	65.57	13.40	1.10	0.31	1.00
By city(county) and sex							
Taipei City	100.00	9.50	62.26	23.39	2.58	0.97	1.30
Male	100.00	9.29	59.37	24.64	3.72	1.39	1.58
Female	100.00	9.70	65.11	22.15	1.46	0.56	1.03
Kaohsiung City	100.00	8.61	65.65	21.37	1.74	0.59	2.04
Male	100.00	7.44	63.26	23.21	2.32	0.61	3.16
Female	100.00	9.76	68.02	19.56	1.16	0.58	0.93
Taipei County	100.00	11.36	67.61	17.56	1.55	0.32	1.61
Male	100.00	10.11	66.14	19.37	1.71	0.51	2.17
Female	100.00	12.60	69.04	15.79	1.39	0.13	1.06
Ilan County	100.00	25.34	61.22	11.49	0.85	0.32	0.79
Male	100.00	24.61	60.79	11.89	1.25	0.48	0.98
Female	100.00	26.09	61.65	11.09	0.43	0.15	0.59
Taoyuan County	100.00	16.96	66.35	13.39	0.95	0.32	2.04
Male	100.00	15.84	65.03	15.09	0.87	0.62	2.55
Female	100.00	18.13	67.72	11.62	1.02	-	1.51
Hsinchu County	100.00	22.03	66.62	8.05	1.11	0.29	1.89
Male	100.00	19.69	67.47	9.43	1.10	0.45	1.87
Female	100.00	24.58	65.70	6.56	1.13	0.12	1.91
Miaoli County	100.00	32.32	60.00	5.49	0.58	0.19	1.42
Male	100.00	27.15	62.46	7.58	0.90	0.26	1.66
Female	100.00	38.19	57.20	3.11	0.21	0.12	1.16
Taichung County	100.00	17.34	68.83	11.29	0.80	0.57	1.18
Male	100.00	14.92	70.34	12.26	0.74	0.48	1.25
Female	100.00	19.77	67.30	10.32	0.85	0.66	1.10
Changhua County	100.00	22.21	64.49	11.43	0.52	0.35	0.99
Male	100.00	18.12	64.71	14.74	0.72	0.55	1.16
Female	100.00	26.41	64.26	8.03	0.33	0.15	0.83
Nantou County	100.00	25.07	62.67	8.73	1.43	0.60	1.50
Male	100.00	19.71	65.52	10.16	2.26	0.38	1.96
Female	100.00	30.61	59.73	7.25	0.56	0.83	1.03
Yunlin County	100.00	28.40	59.37	9.62	1.02	0.25	1.34
Male	100.00	23.37	62.78	10.81	1.30	0.09	1.64
Female	100.00	33.91	55.63	8.31	0.71	0.44	1.01

Table 1-8 Average Bedtime (Cont. 1)

		September, 2001					Unit : %
	Total	Night		Morning			Other
		20:00-22:00	22:00-24:00	00:00-02:00	02:00-04:00	04:00-06:00	
Chiayi County	100.00	32.36	59.95	5.46	0.55	0.32	1.36
Male	100.00	27.03	63.67	6.90	0.36	0.52	1.51
Female	100.00	38.00	56.02	3.93	0.75	0.11	1.19
Tainan County	100.00	26.09	64.13	7.72	0.45	0.06	1.56
Male	100.00	22.30	66.97	8.33	0.68	0.11	1.61
Female	100.00	29.94	61.24	7.11	0.21	-	1.50
Kaohsiung County	100.00	17.27	68.04	11.39	1.79	0.24	1.26
Male	100.00	14.85	68.81	12.22	1.72	0.36	2.03
Female	100.00	19.77	67.25	10.53	1.87	0.11	0.47
Pingtung County	100.00	24.97	62.51	10.83	1.18	0.22	0.30
Male	100.00	20.68	65.95	11.10	1.48	0.40	0.39
Female	100.00	29.49	58.88	10.54	0.87	0.02	0.19
Taitung County	100.00	32.89	56.39	9.36	0.75	0.13	0.48
Male	100.00	30.58	56.72	11.35	0.42	0.10	0.83
Female	100.00	35.23	56.05	7.34	1.09	0.17	0.13
Hualien County	100.00	29.05	59.74	9.45	0.97	0.06	0.73
Male	100.00	29.67	58.39	9.57	0.88	0.12	1.37
Female	100.00	28.36	61.26	9.32	1.06	-	-
Penghu County	100.00	23.14	67.47	6.94	0.32	0.20	1.93
Male	100.00	20.23	69.60	7.52	0.25	0.39	2.01
Female	100.00	26.10	65.31	6.35	0.40	-	1.84
Keelung City	100.00	12.49	65.14	17.58	1.82	0.73	2.24
Male	100.00	11.95	61.94	19.28	2.63	0.79	3.41
Female	100.00	13.01	68.27	15.91	1.02	0.68	1.11
Hsinchu City	100.00	13.18	63.66	17.82	1.93	0.41	3.00
Male	100.00	12.50	60.45	19.88	2.78	0.72	3.67
Female	100.00	13.86	66.90	15.74	1.07	0.10	2.32
Taichung City	100.00	9.62	71.26	16.75	1.32	0.51	0.54
Male	100.00	8.99	67.83	20.10	1.67	0.61	0.80
Female	100.00	10.20	74.43	13.64	1.00	0.42	0.30
Chiayi City	100.00	14.07	67.93	14.59	2.29	0.29	0.83
Male	100.00	12.77	66.19	17.33	2.16	0.30	1.25
Female	100.00	15.28	69.55	12.03	2.42	0.28	0.43
Tainan City	100.00	12.84	64.95	17.46	1.53	0.82	2.41
Male	100.00	12.56	63.72	17.75	1.25	0.88	3.83
Female	100.00	13.10	66.11	17.18	1.79	0.75	1.07

Table 1-8 Average Bedtime (Cont. 2)

		September, 2001					Unit : %	
		Total	Night		Morning			Other
			20:00-22:00	22:00-24:00	00:00-02:00	02:00-04:00	04:00-06:00	
By sex and age								
15 - 24		100.00	7.61	67.86	20.70	1.72	0.49	1.63
25 - 34		100.00	6.51	67.58	21.32	2.07	0.68	1.84
35 - 44		100.00	8.48	71.98	15.93	1.69	0.44	1.48
45 - 54		100.00	14.64	70.78	11.44	1.12	0.58	1.43
55 - 64		100.00	33.35	59.29	6.03	0.49	0.03	0.81
65 and over		100.00	58.49	37.34	2.83	0.24	0.15	0.95
Male		100.00	14.92	64.61	16.27	1.70	0.60	1.91
15 - 24		100.00	7.68	66.64	21.28	2.07	0.50	1.83
25 - 34		100.00	4.60	65.81	23.65	2.55	1.02	2.37
35 - 44		100.00	6.44	70.45	18.37	2.02	0.58	2.16
45 - 54		100.00	11.96	70.48	12.99	1.58	0.83	2.16
55 - 64		100.00	28.83	63.40	6.41	0.36	-	1.01
65 and over		100.00	55.70	39.57	3.24	0.19	0.21	1.09
Female		100.00	18.63	65.57	13.40	1.10	0.31	1.00
15 - 24		100.00	7.54	69.07	20.12	1.36	0.48	1.43
25 - 34		100.00	8.40	69.34	19.00	1.59	0.34	1.31
35 - 44		100.00	10.57	73.55	13.44	1.35	0.30	0.79
45 - 54		100.00	17.35	71.09	9.88	0.65	0.33	0.70
55 - 64		100.00	37.48	55.54	5.69	0.61	0.06	0.62
65 and over		100.00	61.57	34.86	2.37	0.30	0.10	0.80

Table 1-8 Average Bedtime (Cont. 3)

		September, 2001					Unit : %
	Total	Night		Morning			Other
		20:00-22:00	22:00-24:00	00:00-02:00	02:00-04:00	04:00-06:00	
By sex and marriage status							
Single	100.00	8.02	66.57	21.12	1.95	0.59	1.75
Married or co-habiting	100.00	18.26	66.74	12.23	1.12	0.36	1.30
Divorced or separated	100.00	12.66	60.88	20.14	3.19	1.30	1.82
Widow/widower	100.00	52.28	40.91	4.94	0.40	0.19	1.28
Male							
Single	100.00	8.04	65.85	21.23	2.18	0.76	1.94
Married or co-habiting	100.00	17.18	65.22	13.82	1.40	0.50	1.88
Divorced or separated	100.00	12.72	60.25	20.61	2.90	1.21	2.30
Widow/widower	100.00	55.48	38.42	3.32	0.99	-	1.79
Female							
Single	100.00	7.98	67.47	20.98	1.66	0.38	1.52
Married or co-habiting	100.00	19.36	68.28	10.61	0.83	0.22	0.71
Divorced or separated	100.00	12.61	61.41	19.76	3.42	1.37	1.42
Widow/widower	100.00	51.29	41.68	5.44	0.21	0.24	1.12
By sex and education background							
Illiterate and self-educated	100.00	61.05	34.58	3.27	0.12	0.13	0.85
Elementary school	100.00	30.65	60.60	6.30	0.91	0.32	1.22
Junior high school/primary vocational school	100.00	15.01	68.21	12.83	1.48	0.81	1.66
Senior high school/senior vocational school	100.00	9.21	69.52	17.19	1.78	0.55	1.74
Junior college and university	100.00	5.24	69.65	21.80	1.58	0.33	1.41
Graduate school and above	100.00	6.63	67.74	23.99	1.32	0.17	0.15
Male							
Illiterate and self-educated	100.00	63.83	32.06	2.55	0.03	0.18	1.35
Elementary school	100.00	33.23	58.16	5.89	0.82	0.38	1.51
Junior high school/primary vocational school	100.00	14.76	66.20	14.12	1.82	1.03	2.07
Senior high school/senior vocational school	100.00	9.33	67.56	18.21	1.99	0.60	2.31
Junior college and university	100.00	4.52	68.49	22.60	2.06	0.54	1.80
Graduate school and above	100.00	7.34	65.37	25.47	1.46	0.24	0.12
Female							
Illiterate and self-educated	100.00	60.09	35.45	3.52	0.15	0.11	0.67
Elementary school	100.00	28.42	62.72	6.64	0.99	0.26	0.96
Junior high school/primary vocational school	100.00	15.33	70.79	11.18	1.05	0.52	1.13
Senior high school/senior vocational school	100.00	9.09	71.66	16.08	1.56	0.49	1.13
Junior college and university	100.00	6.04	70.95	20.91	1.04	0.09	0.97
Graduate school and above	100.00	5.01	73.22	20.57	1.00	-	0.21

Table 1-8 Average Bedtime (Cont. 4)

		September, 2001					Unit : %	
		Total	Night		Morning			Other
			20:00- 22:00	22:00- 24:00	00:00- 02:00	02:00- 04:00	04:00- 06:00	
By work								
The employed		100.00	10.54	68.56	16.61	1.65	0.67	1.96
By work time								
Daytime		100.00	12.42	73.84	12.89	0.57	0.10	0.18
Night time		100.00	6.50	50.59	23.18	5.62	6.46	7.65
Shifts between day and night		100.00	6.93	60.19	19.72	2.31	0.74	10.11
Both day and night		100.00	5.04	55.11	31.66	5.14	0.77	2.28
By Status								
Employer		100.00	8.93	64.99	22.36	2.56	0.39	0.77
Privately employed		100.00	8.56	70.89	16.27	1.33	0.64	2.31
Government employed		100.00	8.30	76.58	12.60	0.26	0.19	2.07
Self-employed		100.00	15.54	59.33	19.53	3.04	1.06	1.50
Unpaid family worker		100.00	18.76	63.85	13.83	2.20	0.78	0.57
The Unemployed		100.00	24.84	60.59	12.54	1.07	0.16	0.80
Seeking or waiting for job		100.00	9.54	61.14	23.93	3.28	0.38	1.74
Pursuing education		100.00	7.82	71.26	19.24	1.30	0.19	0.19
Dealing with family matters		100.00	22.04	67.07	9.78	0.56	0.07	0.49
Chronic, hamdicapped, or old-aged		100.00	56.11	39.15	3.02	0.30	0.18	1.24
Idle or unwilling to work		100.00	24.40	59.89	12.74	1.34	0.11	1.51
Other		100.00	22.89	57.31	14.16	2.85	-	2.79