

Table 1-6-5 Emotional Condition in the Recent Month
 - By Feels Drowsy after Reading A Book, Magazine, or Newspaper for About 15 Minutes

September, 2005

Unit : One thousand people

Item	Total	Never	Occasional	Sometimes	Often
Total	18,385	9,096	6,384	2,231	674
By area					
Northern area	8,043	3,776	2,941	1,015	312
Central area	4,581	2,320	1,555	559	147
Southern area	5,282	2,710	1,757	613	202
Eastern area	479	291	131	44	13
By sex and age					
15 - 24	3,464	1,826	1,175	368	95
25 - 34	3,760	1,976	1,346	355	82
35 - 44	3,786	1,806	1,355	488	137
45 - 54	3,382	1,528	1,255	459	140
55 - 64	1,807	836	635	255	81
65 and over	2,186	1,123	617	306	139
Male	9,280	4,659	3,232	1,067	323
15 - 24	1,785	975	586	171	53
25 - 34	1,905	1,040	665	156	44
35 - 44	1,914	949	671	240	54
45 - 54	1,694	782	618	229	66
55 - 64	889	394	344	113	37
65 and over	1,092	518	347	158	69
Female	9,105	4,438	3,152	1,164	351
15 - 24	1,679	850	589	198	42
25 - 34	1,855	936	681	199	39
35 - 44	1,872	858	684	248	83
45 - 54	1,688	747	638	230	74
55 - 64	918	442	290	141	44
65 and over	1,093	605	270	148	70

Table 1-6-5 Emotional Condition in the Recent Month (Cont. 1)
 - By Feels Drowsy after Reading A Book, Magazine, or Newspaper for About 15 Minutes

September, 2005

Unit : One thousand people

Item	Total	Never	Occasional	Sometimes	Often
By sex and education background					
Elementary school and beneath	4,060	2,132	1,190	514	223
Junior high school/primary vocational school	2,547	1,221	872	353	101
Senior high school/senior vocational school	6,207	3,012	2,200	778	217
University and above	5,572	2,732	2,122	585	132
Male	9,280	4,659	3,232	1,067	323
Elementary school and beneath	1,618	834	503	205	76
Junior high school/primary vocational school	1,453	719	494	183	57
Senior high school/senior vocational school	3,239	1,621	1,125	379	114
University and above	2,969	1,484	1,111	300	74
Female	9,105	4,438	3,152	1,164	351
Elementary school and beneath	2,441	1,297	687	309	147
Junior high school/primary vocational school	1,094	502	378	170	43
Senior high school/senior vocational school	2,967	1,390	1,075	399	103
University and above	2,603	1,248	1,011	285	58
By sex and marriage status					
Single	5,875	3,116	2,039	583	137
Married or co-habiting	10,930	5,210	3,865	1,420	434
Divorced or separated, widow/widower	1,580	771	480	227	102
Male	9,280	4,659	3,232	1,067	323
Single	3,242	1,784	1,094	287	76
Married or co-habiting	5,538	2,635	1,972	713	219
Divorced or separated, widow/widower	500	240	166	67	27
Female	9,105	4,438	3,152	1,164	351
Single	2,633	1,332	945	297	61
Married or co-habiting	5,391	2,575	1,893	707	216
Divorced or separated, widow/widower	1,080	531	314	160	75
By religious belief					
No	4,173	2,071	1,503	457	142
Yes	14,212	7,026	4,880	1,774	532

Table 1-6-5 Emotional Condition in the Recent Month (Cont. 2)
- By Feels Drowsy after Reading A Book, Magazine, or Newspaper for About 15 Minutes

September, 2005

Unit : One thousand people

Item	Total	Never	Occasional	Sometimes	Often
By work					
The employed	10,681	5,204	3,827	1,304	346
By status					
Employer	462	217	160	70	15
Privately employed	6,648	3,282	2,398	783	185
Government employed	1,090	507	418	132	33
Self-employed	1,782	854	631	226	72
Unpaid family worker	699	344	221	93	41
By work time					
Permanently works a day shift duty	8,944	4,394	3,203	1,077	271
Permanently works a evening shift duty	376	172	142	45	17
Permanently works a graveyard shift duty	136	70	44	14	8
Works on both evening and graveyard shifts	67	27	25	12	3
Works day and evening shifts in alternate periods	532	247	196	70	19
Works on both day and evening shifts	549	266	185	75	24
Other	77	29	31	11	5
By nature of work or profession					
Legislators, gov. administrators, business executives & managers	443	183	183	58	19
Professionals	879	443	335	87	14
Technicians and associate professionals	1,523	708	581	188	46
Clerks	1,412	648	548	182	35
Service workers and shop and market sales workers	2,377	1,085	852	327	111
Agricultural, animal husbandry, forestry and fishing workers	633	378	175	61	20
Prod. & machine operators and related workers	3,413	1,759	1,152	401	101
The unemployed	7,704	3,892	2,557	927	328
Seeking or waiting for job	712	341	263	79	30
Pursuing education	2,002	1,069	691	194	49
Dealing with family matters	2,382	1,197	804	296	85
Chronic, hamdicapped, or old-aged	2,036	1,017	584	295	141
Idle or unwilling to work	437	209	163	49	16
Other	133	60	52	14	7

Table 1-6-5 Emotional Condition in the Recent Month (Cont. 3)
 - By Feels Drowsy after Reading A Book, Magazine, or Newspaper for About 15 Minutes

September, 2005

Unit : One thousand people

Item	Total	Never	Occasional	Sometimes	Often
By individual's annual income					
Less than 200,000	8,822	4,470	2,904	1,057	391
200,000 - less than 300,000	2,753	1,319	959	378	98
300,000 - less than 400,000	2,437	1,231	878	271	57
400,000 - less than 600,000	2,399	1,200	854	274	71
600,000 - less than 800,000	1,082	502	419	136	25
800,000 - less than 1000,000	490	210	200	64	15
1,000,000 and over	401	164	170	50	16
By bedtime					
20:00 22:00	2,973	1,591	865	369	148
22:00 24:00	11,494	5,852	3,996	1,309	336
00:00 02:00	3,024	1,255	1,199	440	131
02:00 04:00	372	148	153	47	24
04:00 06:00	133	65	46	14	8
Other	390	186	125	52	26
By constant or regular exercise					
No	11,038	5,512	3,740	1,337	448
Yes	7,347	3,584	2,643	894	226