

Table 1-6 Emotional Condition in the Recent Month

Item	September, 2005		Unit : One thousand people		
	Total	No excessive sleepiness	Excessive sleepiness		
			Total	Moderate degree	Serious degree
Total	18,385	16,848	1,537	1,052	484
By area					
Northern area	8,043	7,314	729	501	228
Central area	4,581	4,226	355	251	105
Southern area	5,282	4,865	417	276	141
Eastern area	479	443	36	25	11
By sex and age					
15 - 24	3,464	3,293	171	135	36
25 - 34	3,760	3,570	190	146	44
35 - 44	3,786	3,526	260	174	86
45 - 54	3,382	3,087	296	215	81
55 - 64	1,807	1,604	203	143	60
65 and over	2,186	1,769	416	238	178
Male	9,280	8,526	754	508	246
15 - 24	1,785	1,692	93	72	22
25 - 34	1,905	1,805	99	74	26
35 - 44	1,914	1,781	133	88	45
45 - 54	1,694	1,543	152	108	44
55 - 64	889	808	81	56	25
65 and over	1,092	897	196	111	85
Female	9,105	8,322	783	544	239
15 - 24	1,679	1,601	78	63	14
25 - 34	1,855	1,764	91	73	18
35 - 44	1,872	1,745	127	87	41
45 - 54	1,688	1,544	144	107	37
55 - 64	918	796	122	87	35
65 and over	1,093	872	221	127	94

Table 1-6 Emotional Condition in the Recent Month (Cont. 1)

Item	September, 2005		Unit : One thousand people		
	Total	No excessive sleepiness	Excessive sleepiness		
			Total	Moderate degree	Serious degree
By sex and education background					
Elementary school and beneath	4,060	3,468	591	369	223
Junior high school/primary vocational school	2,547	2,347	200	134	65
Senior high school/senior vocational school	6,207	5,786	421	304	117
University and above	5,572	5,247	324	245	80
Male	9,280	8,526	754	508	246
Elementary school and beneath	1,618	1,404	215	138	77
Junior high school/primary vocational school	1,453	1,332	121	76	45
Senior high school/senior vocational school	3,239	3,016	223	152	71
University and above	2,969	2,774	195	142	53
Female	9,105	8,322	783	544	239
Elementary school and beneath	2,441	2,065	376	230	146
Junior high school/primary vocational school	1,094	1,015	79	58	21
Senior high school/senior vocational school	2,967	2,769	198	153	45
University and above	2,603	2,473	130	103	27
By sex and marriage status					
Single	5,875	5,587	288	225	63
Married or co-habiting	10,930	9,923	1,006	675	331
Divorced or separated, widow/widower	1,580	1,338	242	152	90
Male	9,280	8,526	754	508	246
Single	3,242	3,083	158	123	36
Married or co-habiting	5,538	5,010	529	346	183
Divorced or separated, widow/widower	500	433	67	39	27
Female	9,105	8,322	783	544	239
Single	2,633	2,504	130	103	27
Married or co-habiting	5,391	4,914	478	329	149
Divorced or separated, widow/widower	1,080	905	176	113	63
By religious belief					
No	4,173	3,868	305	226	79
Yes	14,212	12,980	1,232	826	406

Table 1-6 Emotional Condition in the Recent Month (Cont. 2)

Item	September, 2005		Unit : One thousand people		
	Total	No excessive sleepiness	Excessive Sleepiness		
			Total	Moderate degree	Serious degree
By work					
The employed	10,681	9,910	771	553	218
By status					
Employer	462	422	41	27	14
Privately employed	6,648	6,232	415	303	112
Government employed	1,090	1,010	80	60	21
Self-employed	1,782	1,616	165	115	51
Unpaid family worker	699	630	69	48	21
By work time					
Permanently works a day shift duty	8,944	8,336	609	441	168
Permanently works a evening shift duty	376	343	33	26	7
Permanently works a graveyard shift duty	136	127	10	8	2
Works on both evening and graveyard shifts	67	60	7	3	4
Works day and evening shifts in alternate periods	532	489	42	30	12
Works on both day and evening shifts	549	489	60	41	19
Other	77	67	10	5	5
By nature of work or profession					
Legislators, gov. administrators, business executives & managers	443	402	41	31	10
Professionals	879	832	47	39	8
Technicians and associate professionals	1,523	1,421	102	80	22
Clerks	1,412	1,343	69	57	13
Service workers and shop and market sales workers	2,377	2,156	220	143	77
Agricultural, animal husbandry, forestry and fishing workers	633	570	63	46	17
Prod. & machine operators and related workers	3,413	3,185	229	158	71
The unemployed	7,704	6,938	766	499	267
Seeking or waiting for job	712	662	51	34	17
Pursuing education	2,002	1,921	81	64	17
Dealing with family matters	2,382	2,190	192	141	51
Chronic, hamdicapped, or old-aged	2,036	1,639	397	225	172
Idle or unwilling to work	437	403	35	27	7
Other	133	123	10	7	3

Table 1-6 Emotional Condition in the Recent Month (Cont. 3)

Item	September, 2005		Unit : One thousand people		
	Total	No excessive sleepiness	Excessive sleepiness		
			Total	Moderate degree	Serious degree
By individual's annual income					
Less than 200,000	8,822	7,948	874	575	299
200,000 - less than 300,000	2,753	2,527	226	157	69
300,000 - less than 400,000	2,437	2,291	146	113	33
400,000 - less than 600,000	2,399	2,257	143	97	46
600,000 - less than 800,000	1,082	1,014	69	50	19
800,000 - less than 1000,000	490	448	43	32	11
1,000,000 and over	401	364	36	29	8
By bedtime					
20:00 22:00	2,973	2,568	405	248	157
22:00 24:00	11,494	10,762	732	536	196
00:00 02:00	3,024	2,740	283	195	89
02:00 04:00	372	324	48	31	16
04:00 06:00	133	113	20	11	9
Other	390	341	49	32	17
By constant or regular exercise					
No	11,038	10,052	986	650	335
Yes	7,347	6,796	551	402	149