

Table 1-5-7 The Sleeping Quality in the Recent Month
 - By the Legs Feel Uncomfortable or Twiching When Lying in Bed

September, 2005

Unit : One thousand people

Item	Total	Never	Seldom	Sometimes	Often	Always
Total	18,385	9,244	5,443	2,759	724	215
By area						
Northern area	8,043	4,024	2,410	1,198	316	95
Central area	4,581	2,352	1,295	688	198	48
Southern area	5,282	2,587	1,636	805	188	66
Eastern area	479	281	103	67	21	7
By sex and age						
15 - 24	3,464	2,240	890	267	55	13
25 - 34	3,760	2,168	1,085	404	77	25
35 - 44	3,786	1,949	1,159	538	111	28
45 - 54	3,382	1,561	1,062	602	126	32
55 - 64	1,807	727	579	370	98	32
65 and over	2,186	600	668	577	256	84
Male	9,280	5,013	2,670	1,205	305	88
15 - 24	1,785	1,191	440	124	24	7
25 - 34	1,905	1,150	524	183	33	15
35 - 44	1,914	1,065	553	228	52	16
45 - 54	1,694	867	522	241	47	17
55 - 64	889	395	293	160	32	10
65 and over	1,092	346	338	269	116	24
Female	9,105	4,231	2,774	1,554	419	127
15 - 24	1,679	1,049	450	143	30	7
25 - 34	1,855	1,018	561	222	44	10
35 - 44	1,872	884	607	310	60	12
45 - 54	1,688	693	540	361	79	15
55 - 64	918	332	287	210	66	22
65 and over	1,093	254	330	308	140	61

Table 1-5-7 The Sleeping Quality in the Recent Month (Cont. 1)

- By the Legs Feel Uncomfortable or Twiching When Lying in Bed

September, 2005

Unit : One thousand people

Item	Total	Never	Seldom	Sometimes	Often	Always
By sex and education background						
Elementary school and beneath	4,060	1,395	1,273	929	347	115
Junior high school/primary vocational school	2,547	1,223	770	417	107	30
Senior high school/senior vocational school	6,207	3,458	1,714	820	174	41
University and above	5,572	3,167	1,686	594	96	29
Male	9,280	5,013	2,670	1,205	305	88
Elementary school and beneath	1,618	626	515	333	115	29
Junior high school/primary vocational school	1,453	754	424	200	54	20
Senior high school/senior vocational school	3,239	1,904	863	358	93	22
University and above	2,969	1,728	868	313	43	17
Female	9,105	4,231	2,774	1,554	419	127
Elementary school and beneath	2,441	769	758	596	232	87
Junior high school/primary vocational school	1,094	468	346	217	54	9
Senior high school/senior vocational school	2,967	1,554	852	462	81	19
University and above	2,603	1,439	818	280	53	12
By sex and marriage status						
Single	5,875	3,627	1,586	532	101	30
Married or co-habiting	10,930	5,080	3,388	1,852	473	137
Divorced or separated, widow/widower	1,580	537	470	375	150	48
Male	9,280	5,013	2,670	1,205	305	88
Single	3,242	2,073	827	275	49	17
Married or co-habiting	5,538	2,738	1,687	831	219	63
Divorced or separated, widow/widower	500	202	155	99	36	7
Female	9,105	4,231	2,774	1,554	419	127
Single	2,633	1,554	758	257	52	13
Married or co-habiting	5,391	2,342	1,701	1,022	253	74
Divorced or separated, widow/widower	1,080	335	315	276	114	40
By religious belief						
No	4,173	2,335	1,209	481	111	38
Yes	14,212	6,909	4,235	2,278	613	177

Table 1-5-7 The Sleeping Quality in the Recent Month (Cont. 2)

- By the Legs Feel Uncomfortable or Twiching When Lying in Bed

September, 2005

Unit : One thousand people

Item	Total	Never	Seldom	Sometimes	Often	Always
By work						
The employed	10,681	5,694	3,229	1,410	278	70
By status						
Employer	462	232	138	79	10	3
Privately employed	6,648	3,611	2,036	805	155	41
Government employed	1,090	595	342	127	21	5
Self-employed	1,782	918	507	277	62	17
Unpaid family worker	699	338	207	121	30	3
By work time						
Permanently works a day shift duty	8,944	4,811	2,709	1,158	216	49
Permanently works a evening shift duty	376	193	104	56	16	6
Permanently works a graveyard shift duty	136	65	45	21	4	1
Works on both evening and graveyard shifts	67	34	16	12	2	2
Works day and evening shifts in alternate periods	532	273	175	70	7	6
Works on both day and evening shifts	549	277	160	79	28	5
Other	77	40	20	14	3	0
By nature of work or profession						
Legislators, gov. administrators, business executives & managers	443	225	140	70	7	0
Professionals	879	504	274	82	16	3
Technicians and associate professionals	1,523	858	465	166	24	11
Clerks	1,412	737	461	183	27	4
Service workers and shop and market sales workers	2,377	1,206	712	357	78	23
Agricultural, animal husbandry,forestry and fishing workers	633	322	169	103	33	6
Prod. &machine operators and related workers	3,413	1,842	1,008	449	92	22
The unemployed	7,704	3,550	2,214	1,348	446	145
Seeking or waiting for job	712	365	189	119	25	15
Pursuing education	2,002	1,363	474	138	26	1
Dealing with family matters	2,382	1,018	759	458	115	32
Chronic, hamdicapped, or old-aged	2,036	524	616	541	261	94
Idle or unwilling to work	437	210	132	80	14	1
Other	133	71	44	12	4	1

Table 1-5-7 The Sleeping Quality in the Recent Month (Cont. 3)

- By the Legs Feel Uncomfortable or Twitching When Lying in Bed

September, 2005

Unit : One thousand people

Item	Total	Never	Seldom	Sometimes	Often	Always
By individual's annual income						
Less than 200,000	8,822	4,112	2,554	1,519	481	155
200,000 - less than 300,000	2,753	1,388	833	417	94	21
300,000 - less than 400,000	2,437	1,321	735	294	66	20
400,000 - less than 600,000	2,399	1,351	703	284	51	11
600,000 - less than 800,000	1,082	596	329	140	15	3
800,000 - less than 1000,000	490	254	173	51	9	3
1,000,000 and over	401	222	117	54	7	1
By bedtime						
20:00 22:00	2,973	1,120	921	623	233	77
22:00 24:00	11,494	6,183	3,363	1,526	336	85
00:00 02:00	3,024	1,534	909	446	103	31
02:00 04:00	372	165	101	69	25	11
04:00 06:00	133	53	47	28	4	1
Other	390	188	102	66	22	11
By length of sleeping hours						
Less than 5 hours	615	202	158	152	75	28
6 - 9 hours	17,014	8,736	5,085	2,444	589	160
10 hours and over	757	306	201	162	60	27
By constant or regular exercise						
No	11,038	5,574	3,210	1,642	468	144
Yes	7,347	3,670	2,233	1,117	256	71