

## Table 1-4 Average Bedtime

September, 2005

Unit : One thousand people

Item	Total	Night		Morning			Other
		20:00- 22:00	22:00- 24:00	00:00- 02:00	02:00- 04:00	04:00- 06:00	
		<b>Total</b>	18,385	2,973	11,494	3,024	
<b>By area</b>							
Northern area	8,043	1,046	5,018	1,537	213	67	161
Central area	4,581	856	2,962	592	63	21	87
Southern area	5,282	936	3,219	854	91	44	138
Eastern area	479	135	294	41	5	1	3
<b>By sex and age</b>							
15 - 24	3,464	199	2,254	818	83	32	78
25 - 34	3,760	225	2,430	816	124	37	128
35 - 44	3,786	318	2,586	689	79	30	84
45 - 54	3,382	475	2,294	477	54	22	60
55 - 64	1,807	510	1,090	154	21	8	24
65 and over	2,186	1,245	840	69	12	4	15
<b>Male</b>	9,280	1,343	5,660	1,706	221	82	268
15 - 24	1,785	104	1,130	435	53	20	42
25 - 34	1,905	100	1,150	472	71	24	87
35 - 44	1,914	127	1,262	396	51	17	61
45 - 54	1,694	204	1,129	271	32	11	48
55 - 64	889	217	548	90	7	7	20
65 and over	1,092	590	441	42	6	3	10
<b>Female</b>	9,105	1,630	5,835	1,317	151	51	121
15 - 24	1,679	95	1,124	383	29	12	36
25 - 34	1,855	125	1,279	345	53	13	41
35 - 44	1,872	191	1,325	293	27	13	23
45 - 54	1,688	271	1,165	206	23	11	12
55 - 64	918	293	542	64	13	1	4
65 and over	1,093	655	399	27	5	2	5

Table 1-4 Average Bedtime (Cont. 1)

September, 2005

Unit : One thousand people

Item	Total	Night		Morning			Other
		20:00-22:00	22:00-24:00	00:00-02:00	02:00-04:00	04:00-06:00	
<b>By sex and education background</b>							
Elementary school and beneath	4,060	1,723	2,013	231	29	18	46
Junior high school/primary vocational school	2,547	416	1,674	313	57	31	55
Senior high school/senior vocational school	6,207	560	4,177	1,079	153	63	175
University and above	5,572	274	3,631	1,400	132	21	113
Male	9,280	1,343	5,660	1,706	221	82	268
Elementary school and beneath	1,618	671	793	102	13	10	30
Junior high school/primary vocational school	1,453	234	939	184	36	19	40
Senior high school/senior vocational school	3,239	293	2,109	590	85	35	127
University and above	2,969	145	1,818	831	87	18	71
Female	9,105	1,630	5,835	1,317	151	51	121
Elementary school and beneath	2,441	1,052	1,219	130	16	8	16
Junior high school/primary vocational school	1,094	182	735	129	21	11	15
Senior high school/senior vocational school	2,967	266	2,068	489	68	28	48
University and above	2,603	129	1,813	569	45	4	43
<b>By sex and marriage status</b>							
Single	5,875	379	3,725	1,402	165	60	144
Married or co-habiting	10,930	1,989	7,022	1,458	182	61	218
Divorced or separated, widow/widower	1,580	605	747	164	24	12	28
Male	9,280	1,343	5,660	1,706	221	82	268
Single	3,242	224	1,990	797	101	39	90
Married or co-habiting	5,538	953	3,432	845	110	36	162
Divorced or separated, widow/widower	500	166	238	64	10	7	15
Female	9,105	1,630	5,835	1,317	151	51	121
Single	2,633	155	1,735	604	64	21	54
Married or co-habiting	5,391	1,036	3,590	613	72	25	55
Divorced or separated, widow/widower	1,080	439	509	99	15	5	12

Table 1-4 Average Bedtime (Cont. 2)

September, 2005

Unit : One thousand people

Item	Total	Night		Morning			Other
		20:00- 22:00	22:00- 24:00	00:00- 02:00	02:00- 04:00	04:00- 06:00	
<b>By work</b>							
The employed	10,681	1,068	7,004	1,909	250	102	349
By status							
Employer	462	37	292	114	15	1	4
Privately employed	6,648	497	4,492	1,195	128	66	270
Government employed	1,090	77	786	161	11	3	52
Self-employed	1,782	313	1,021	339	71	22	17
Unpaid family worker	699	145	413	100	24	10	7
By work time							
Permanently works a day shift duty	8,944	1,000	6,378	1,457	79	17	13
Permanently works a evening shift duty	376	4	86	161	89	29	7
Permanently works a graveyard shift duty	136	13	13	-	11	25	75
Works on both evening and graveyard shifts	67	1	1	16	5	15	29
Works day and evening shifts in alternate periods	532	19	205	86	16	5	200
Works on both day and evening shifts	549	24	283	175	43	9	15
Other	77	7	38	14	7	1	10
By nature of work or profession							
Legislators, gov. administrators, business executives & managers	443	24	284	123	9	2	1
Professionals	879	38	603	184	21	2	32
Technicians and associate professionals	1,523	71	1,055	335	22	3	37
Clerks	1,412	88	1,036	252	12	10	15
Service workers and shop and market sales workers	2,377	216	1,293	569	132	58	108
Agricultural, animal husbandry, forestry and fishing workers	633	279	319	21	5	4	5
Prod. & machine operators and related workers	3,413	352	2,415	425	48	22	151
The unemployed	7,704	1,905	4,491	1,115	122	31	40
Seeking or waiting for job	712	60	413	193	32	7	8
Pursuing education	2,002	119	1,351	488	34	9	2
Dealing with family matters	2,382	486	1,596	263	27	5	5
Chronic, hamdicapped, or old-aged	2,036	1,139	767	90	14	6	20
Idle or unwilling to work	437	83	289	53	5	4	4
Other	133	18	75	28	10	0	1
<b>By individual's annual income</b>							
Less than 200,000	8,822	2,144	5,148	1,256	158	44	71
200,000 - less than 300,000	2,753	325	1,792	459	66	32	80
300,000 - less than 400,000	2,437	199	1,640	426	62	29	82
400,000 - less than 600,000	2,399	192	1,623	443	40	18	83
600,000 - less than 800,000	1,082	68	708	222	23	9	52
800,000 - less than 1000,000	490	25	318	116	11	1	19
1,000,000 and over	401	20	265	101	11	1	3
<b>By constant or regular exercise</b>							
No	11,038	1,726	6,680	1,974	289	84	286
Yes	7,347	1,247	4,814	1,050	83	49	104