

Table 1-1 Health Condition in the Recent Three Months

Item	September, 2005			Unit : One thousand people		
	Total	Good	Ordinary	Unhealthy		
				Subtotal	Self-sufficient	
					Yes	No, in need of others' help
Total	18,385	8,461	8,119	1,805	1,543	262
By area						
Northern area	8,043	3,752	3,539	752	636	116
Central area	4,581	2,146	1,994	441	379	63
Southern area	5,282	2,324	2,396	562	488	75
Eastern area	479	239	190	50	41	9
By sex and age						
15 - 24	3,464	2,154	1,219	91	77	14
25 - 34	3,760	2,198	1,447	115	106	9
35 - 44	3,786	1,874	1,724	188	171	17
45 - 54	3,382	1,388	1,708	286	269	18
55 - 64	1,807	537	970	300	274	27
65 and over	2,186	310	1,051	825	647	178
Male	9,280	4,685	3,711	884	754	130
15 - 24	1,785	1,166	573	46	37	9
25 - 34	1,905	1,184	652	69	60	8
35 - 44	1,914	1,027	781	106	96	10
45 - 54	1,694	798	756	140	130	9
55 - 64	889	311	440	138	127	12
65 and over	1,092	198	509	385	303	83
Female	9,105	3,776	4,408	921	789	132
15 - 24	1,679	988	646	45	40	5
25 - 34	1,855	1,013	795	47	45	1
35 - 44	1,872	846	943	83	75	7
45 - 54	1,688	590	951	147	139	8
55 - 64	918	226	530	162	146	15
65 and over	1,093	112	543	438	344	95

Table 1-1 Health Condition in the Recent Three Months (Cont. 1)

Item	September, 2005			Unit : One thousand people		
	Total	Good	Ordinary	Unhealthy		
				Subtotal	Self-sufficient	
					Yes	No, in need of others' help
By sex and education background						
Elementary school and beneath	4,060	906	2,087	1,067	885	182
Junior high school/primary vocational school	2,547	1,092	1,207	248	221	26
Senior high school/senior vocational school	6,207	3,314	2,607	286	253	33
University and above	5,572	3,148	2,219	205	184	21
Male	9,280	4,685	3,711	884	754	130
Elementary school and beneath	1,618	413	778	427	352	75
Junior high school/primary vocational school	1,453	676	616	161	144	17
Senior high school/senior vocational school	3,239	1,838	1,233	168	146	22
University and above	2,969	1,757	1,085	127	111	16
Female	9,105	3,776	4,408	921	789	132
Elementary school and beneath	2,441	493	1,309	639	533	106
Junior high school/primary vocational school	1,094	416	591	87	77	10
Senior high school/senior vocational school	2,967	1,476	1,374	117	106	11
University and above	2,603	1,391	1,134	78	73	5
By sex and marriage status						
Single	5,875	3,550	2,088	237	202	35
Married or co-habiting	10,930	4,559	5,228	1,143	1,011	132
Divorced or separated, widow/widower	1,580	352	802	426	330	96
Male	9,280	4,685	3,711	884	754	130
Single	3,242	2,032	1,062	148	125	22
Married or co-habiting	5,538	2,497	2,419	622	542	79
Divorced or separated, widow/widower	500	155	229	116	87	29
Female	9,105	3,776	4,408	921	789	132
Single	2,633	1,518	1,026	89	77	13
Married or co-habiting	5,391	2,061	2,809	521	469	52
Divorced or separated, widow/widower	1,080	197	573	310	243	66

Table 1-1 Health Condition in the Recent Three Months (Cont. 2)

Item	September, 2005			Unit : One thousand people		
	Total	Good	Ordinary	Unhealthy		
				Subtotal	Self-sufficient	
					Yes	No, in need of others' help
By work						
The employed	10,681	5,567	4,687	427	422	5
By status						
Employer	462	241	207	14	13	1
Privately employed	6,648	3,577	2,846	225	224	1
Government employed	1,090	598	455	37	37	1
Self-employed	1,782	851	816	115	113	2
Unpaid family worker	699	300	363	36	35	0
By work time						
Permanently works a day shift duty	8,944	4,729	3,870	345	341	5
Permanently works a evening shift duty	376	174	185	17	16	-
Permanently works a graveyard shift duty	136	61	67	8	9	-
Works on both evening and graveyard shifts	67	31	32	4	4	-
Works day and evening shifts in alternate periods	532	274	240	18	18	-
Works on both day and evening shifts	549	261	257	31	32	-
Other	77	37	37	3	2	-
By nature of work or profession						
Legislators, gov. administrators, business executives & managers	443	242	188	13	13	-
Professionals	879	512	341	26	27	-
Technicians and associate professionals	1,523	880	609	34	32	2
Clerks	1,412	745	636	31	31	1
Service workers and shop and market sales workers	2,377	1,149	1,114	114	113	0
Agricultural, animal husbandry, forestry and fishing workers	633	285	288	60	58	1
Prod. & machine operators and related workers	3,413	1,754	1,512	147	147	0
The unemployed	7,704	2,894	3,432	1,378	1,121	257
Seeking or waiting for job	712	305	346	61	61	1
Pursuing education	2,002	1,298	667	37	32	6
Dealing with family matters	2,382	836	1,295	251	245	6
Chronic, hamdicapped, or old-aged	2,036	227	854	955	712	243
Idle or unwilling to work	437	151	219	67	66	1
Other	133	77	50	6	5	1

Table 1-1 Health Condition in the Recent Three Months (Cont. 3)

Item	September, 2005			Unit : One thousand people		
	Total	Good	Ordinary	Unhealthy		
				Subtotal	Yes	No, in need of others' help
By individual's annual income						
Less than 200,000	8,822	3,376	4,044	1,402	1,163	239
200,000 - less than 300,000	2,753	1,228	1,368	157	147	11
300,000 - less than 400,000	2,437	1,421	918	98	96	2
400,000 - less than 600,000	2,399	1,333	989	77	73	4
600,000 - less than 800,000	1,082	603	442	37	35	3
800,000 - less than 1000,000	490	273	198	19	19	1
1,000,000 and over	401	226	160	15	13	3
By bedtime						
20:00 22:00	2,973	824	1,406	743	596	147
22:00 24:00	11,494	5,862	4,853	779	697	83
00:00 02:00	3,024	1,419	1,417	188	173	14
02:00 04:00	372	133	203	36	30	5
04:00 06:00	133	46	72	15	15	1
Other	390	178	168	44	31	13
By length of sleeping hours						
Less than 5 hours	615	153	332	130	118	12
6 - 9 hours	17,014	8,079	7,500	1,435	1,270	165
10 hours and over	757	229	287	241	155	85
By BMI						
Lower than 18.5	1,549	735	677	137	106	31
18.5 ~ lower than 24	10,709	5,281	4,493	935	792	143
24 ~ lower than 27	3,998	1,695	1,869	434	388	46
27 ~ lower than 30	1,531	560	764	207	182	24
30~ lower than 35	514	172	265	77	61	15
35 and over	84	18	51	15	14	2
By constant or regular exercise						
No	11,038	4,926	4,968	1,144	927	217
Yes	7,347	3,535	3,151	661	616	45

註 : 1.BMI (Body Mass Index) = Weight(kg) / (Height(m))²。

2.According to the definition issued by the Department of Health: BMI<18.5 「 Under-weight 」 ,18.5<=BMI<24 「 Normal 」 , 24<=BMI<27 「 Overweight 」 ,27<=BMI<30 「 Light obesity 」 ,30<=BMI<35 「 Mild obesity 」 ,35<=BMI 「 Serious obesity 」 .