

Table 1-9-2 The Sleeping Quality in the Recent Four Weeks
 - Taking One Hour and More to Fall Asleep

September, 2001

Unit : %

	Total	Never	Seldom	Sometimes	Often	Always
Total	100.00	40.13	33.19	18.16	6.91	1.60
Male	100.00	43.48	33.68	15.86	5.73	1.25
Female	100.00	36.75	32.70	20.49	8.10	1.96
By city(county) and sex						
Taipei City	100.00	34.65	34.65	21.45	7.74	1.51
Male	100.00	37.44	36.84	17.67	6.59	1.45
Female	100.00	31.90	32.49	25.17	8.87	1.57
Kaohsiung City	100.00	39.56	33.52	16.81	7.01	3.10
Male	100.00	44.92	31.76	15.52	5.60	2.21
Female	100.00	34.24	35.27	18.09	8.42	3.98
Taipei County	100.00	46.08	30.92	16.32	5.70	0.97
Male	100.00	50.36	29.96	14.20	4.69	0.79
Female	100.00	41.88	31.87	18.40	6.70	1.15
Ilan County	100.00	43.68	31.19	16.54	6.42	2.17
Male	100.00	46.69	30.11	16.23	5.36	1.60
Female	100.00	40.62	32.29	16.85	7.50	2.75
Taoyuan County	100.00	48.34	30.84	14.90	4.74	1.19
Male	100.00	51.40	31.17	12.89	3.66	0.88
Female	100.00	45.15	30.49	17.00	5.86	1.51
Hsinchu County	100.00	29.96	37.84	24.67	6.36	1.15
Male	100.00	30.08	40.56	23.20	5.51	0.65
Female	100.00	29.84	34.88	26.28	7.30	1.70
Miaoli County	100.00	43.81	34.13	15.33	6.03	0.71
Male	100.00	47.84	34.71	12.16	4.67	0.61
Female	100.00	39.23	33.46	18.92	7.56	0.82
Taichung County	100.00	33.60	33.92	22.91	8.43	1.15
Male	100.00	35.85	35.19	20.99	6.90	1.07
Female	100.00	31.32	32.63	24.85	9.97	1.24
Changhua County	100.00	42.17	35.30	14.81	6.74	0.99
Male	100.00	44.91	37.42	11.32	5.32	1.02
Female	100.00	39.34	33.12	18.38	8.20	0.96
Nantou County	100.00	40.82	30.64	19.33	7.36	1.85
Male	100.00	44.10	30.21	17.16	6.85	1.68
Female	100.00	37.44	31.08	21.57	7.88	2.03
Yunlin County	100.00	40.31	30.98	17.67	9.33	1.71
Male	100.00	43.11	32.28	16.84	7.38	0.39
Female	100.00	37.25	29.54	18.58	11.46	3.17

Table 1-9-2 The Sleeping Quality in the Recent Four Weeks (Cont. 1)
 - Taking One Hour and More to Fall Asleep

September, 2001

Unit : %

	Total	Never	Seldom	Sometimes	Often	Always
Chiayi County	100.00	40.21	30.62	17.01	9.72	2.44
Male	100.00	45.85	30.35	14.40	7.47	1.93
Female	100.00	34.25	30.91	19.76	12.10	2.97
Tainan County	100.00	40.04	36.34	15.86	6.31	1.46
Male	100.00	42.96	35.81	13.55	7.14	0.54
Female	100.00	37.07	36.87	18.21	5.46	2.39
Kaohsiung County	100.00	37.33	34.34	17.10	8.51	2.72
Male	100.00	40.54	35.79	15.69	6.20	1.78
Female	100.00	34.02	32.85	18.55	10.90	3.68
Pingtung County	100.00	35.61	36.36	20.75	6.55	0.73
Male	100.00	39.72	36.12	17.93	5.64	0.59
Female	100.00	31.29	36.61	23.71	7.50	0.88
Taitung County	100.00	29.91	39.99	19.45	8.38	2.26
Male	100.00	33.56	43.53	14.37	7.39	1.15
Female	100.00	26.20	36.41	24.61	9.39	3.39
Hualien County	100.00	40.31	31.54	16.62	9.34	2.18
Male	100.00	45.68	29.65	13.87	8.81	1.99
Female	100.00	34.28	33.66	19.71	9.95	2.39
Penghu County	100.00	38.62	39.07	17.58	4.32	0.40
Male	100.00	40.67	45.94	11.44	1.70	0.25
Female	100.00	36.55	32.12	23.79	6.98	0.56
Keelung City	100.00	34.17	36.16	20.31	7.48	1.87
Male	100.00	35.70	37.33	19.70	6.15	1.11
Female	100.00	32.68	35.02	20.91	8.78	2.62
Hsinchu City	100.00	32.89	31.88	23.47	8.92	2.84
Male	100.00	36.37	31.91	20.51	8.87	2.34
Female	100.00	29.36	31.85	26.47	8.96	3.36
Taichung City	100.00	45.25	28.62	17.70	6.15	2.27
Male	100.00	45.78	31.75	15.92	4.45	2.10
Female	100.00	44.76	25.72	19.36	7.73	2.42
Chiayi City	100.00	48.99	31.08	13.84	4.56	1.52
Male	100.00	54.28	28.76	12.69	3.07	1.20
Female	100.00	44.05	33.24	14.92	5.96	1.83
Tainan City	100.00	35.69	35.83	20.48	6.12	1.88
Male	100.00	39.58	35.50	18.09	4.80	2.03
Female	100.00	32.00	36.15	22.74	7.38	1.73

Table 1-9-2 The Sleeping Quality in the Recent Four Weeks (Cont. 2)
 - Taking One Hour and More to Fall Asleep

September, 2001

Unit : %

	Total	Never	Seldom	Sometimes	Often	Always
By sex and age						
15 - 24	100.00	53.25	31.49	11.48	3.11	0.66
25 - 34	100.00	41.50	36.30	16.11	5.38	0.71
35 - 44	100.00	40.84	32.36	18.71	6.37	1.71
45 - 54	100.00	35.19	34.64	20.63	7.73	1.81
55 - 64	100.00	31.29	34.03	22.17	9.93	2.58
65 and over	100.00	26.32	29.78	26.21	14.08	3.61
Male						
15 - 24	100.00	55.46	31.32	10.19	2.40	0.63
25 - 34	100.00	45.12	36.26	13.85	4.07	0.71
35 - 44	100.00	43.12	32.68	16.71	6.02	1.46
45 - 54	100.00	39.06	34.87	18.54	6.31	1.21
55 - 64	100.00	37.15	36.69	17.11	7.72	1.34
65 and over	100.00	31.02	31.67	22.91	11.55	2.85
Female						
15 - 24	100.00	51.03	31.66	12.79	3.83	0.69
25 - 34	100.00	37.90	36.35	18.36	6.68	0.71
35 - 44	100.00	38.50	32.03	20.77	6.73	1.97
45 - 54	100.00	31.28	34.41	22.73	9.17	2.41
55 - 64	100.00	25.92	31.60	26.80	11.96	3.72
65 and over	100.00	21.12	27.68	29.86	16.87	4.46

Table 1-9-2 The Sleeping Quality in the Recent Four Weeks (Cont. 3)
 - Taking One Hour and More to Fall Asleep

September, 2001

Unit : %

	Total	Never	Seldom	Sometimes	Often	Always
By sex and marriage status						
Single	100.00	50.17	32.71	12.63	3.78	0.71
Married or co-habiting	100.00	36.92	33.56	19.94	7.74	1.84
Divorced or separated	100.00	31.26	32.88	22.59	9.65	3.62
Widow/widower	100.00	23.15	32.10	27.69	14.01	3.05
Male	100.00	43.48	33.68	15.86	5.73	1.25
Single	100.00	52.01	32.15	11.62	3.41	0.81
Married or co-habiting	100.00	39.73	34.49	17.81	6.64	1.33
Divorced or separated	100.00	36.03	32.58	19.65	7.66	4.08
Widow/widower	100.00	25.85	36.46	22.65	12.94	2.10
Female	100.00	36.75	32.70	20.49	8.10	1.96
Single	100.00	47.91	33.41	13.88	4.23	0.58
Married or co-habiting	100.00	34.06	32.62	22.11	8.86	2.35
Divorced or separated	100.00	27.37	33.13	24.98	11.27	3.24
Widow/widower	100.00	22.31	30.75	29.25	14.34	3.34
By sex and education background						
Illiterate and self-educated	100.00	24.01	30.21	26.25	15.70	3.83
Elementary school	100.00	32.92	33.31	21.33	9.84	2.60
Junior high school/primary vocational school	100.00	38.60	33.41	18.92	7.26	1.81
Senior high school/senior vocational school	100.00	45.24	31.75	16.08	5.60	1.32
Junior college and university	100.00	44.22	35.19	16.06	4.00	0.53
Graduate school and above	100.00	41.11	41.10	14.45	2.54	0.81
Male	100.00	43.48	33.68	15.86	5.73	1.25
Illiterate and self-educated	100.00	29.15	32.18	22.70	14.13	1.85
Elementary school	100.00	35.93	33.78	18.58	9.47	2.25
Junior high school/primary vocational school	100.00	42.35	33.74	15.93	6.41	1.56
Senior high school/senior vocational school	100.00	47.33	31.82	14.89	4.75	1.22
Junior college and university	100.00	46.40	34.90	14.92	3.32	0.46
Graduate school and above	100.00	39.56	46.06	11.19	2.75	0.44
Female	100.00	36.75	32.70	20.49	8.10	1.96
Illiterate and self-educated	100.00	22.25	29.53	27.47	16.24	4.51
Elementary school	100.00	30.31	32.92	23.72	10.15	2.90
Junior high school/primary vocational school	100.00	33.79	32.97	22.76	8.35	2.13
Senior high school/senior vocational school	100.00	42.97	31.67	17.39	6.54	1.43
Junior college and university	100.00	41.78	35.52	17.34	4.76	0.60
Graduate school and above	100.00	44.72	29.61	21.98	2.04	1.65

Table 1-9-2 The Sleeping Quality in the Recent Four Weeks (Cont. 4)
- Taking One Hour and More to Fall Asleep

September, 2001

Unit : %

	Total	Never	Seldom	Sometimes	Often	Always
By work						
The employed	100.00	42.48	34.70	16.81	4.99	1.02
By work time						
Daytime	100.00	44.25	35.15	15.51	4.19	0.90
Night time	100.00	38.17	33.30	20.80	6.23	1.50
Shifts between day and night	100.00	38.42	34.09	18.98	7.30	1.20
Both day and night	100.00	38.12	33.38	20.27	6.92	1.31
By Status						
Employer	100.00	41.01	32.74	19.46	5.90	0.90
Privately employed	100.00	43.87	35.30	15.45	4.49	0.88
Government employed	100.00	42.28	36.12	17.70	3.27	0.63
Self-employed	100.00	39.42	33.53	18.99	6.53	1.53
Unpaid family worker	100.00	40.32	31.33	19.55	7.30	1.50
The Unemployed	100.00	37.08	31.24	19.92	9.40	2.36
Seeking or waiting for job	100.00	33.70	30.45	21.04	11.78	3.02
Pursuing education	100.00	55.76	32.14	9.65	2.15	0.31
Dealing with family matters	100.00	31.25	31.81	23.83	10.31	2.80
Chronic, handicapped, or old-aged	100.00	25.24	29.08	25.87	15.90	3.90
Idle or unwilling to work	100.00	33.65	32.47	23.51	8.29	2.08
Other	100.00	47.89	38.70	8.42	3.63	1.35
By individual's annual income						
No income	100.00	40.53	31.02	18.28	8.21	1.96
Less than 200,000	100.00	33.71	32.45	21.13	10.02	2.71
200,000 - less than 300,000	100.00	40.74	34.01	18.10	6.01	1.15
300,000 - less than 400,000	100.00	44.78	33.09	16.16	5.02	0.96
400,000 - less than 600,000	100.00	42.51	36.69	15.54	4.34	0.92
600,000 - less than 800,000	100.00	44.43	34.77	17.05	3.53	0.22
800,000 - less than 1000,000	100.00	39.42	38.28	19.45	2.34	0.52
800,000 - less than 1500,000	100.00	37.59	38.68	17.81	3.93	1.99
1,500,000 and over	100.00	46.08	38.55	12.17	2.85	0.35
By bedtime						
20:00~22:00	100.00	36.11	31.69	19.87	9.91	2.41
22:00~24:00	100.00	42.37	34.27	17.14	5.15	1.07
00:00~02:00	100.00	37.16	31.47	19.97	9.49	1.92
02:00~04:00	100.00	28.94	28.35	18.73	16.76	7.23
04:00~06:00	100.00	31.10	23.98	28.18	10.81	5.93
Other	100.00	30.31	27.52	22.22	13.58	6.37